



Family First THERAPY

Helping children grow, move, and communicate with confidence. Expert pediatric therapy in a family-centered environment.



PHYSICAL THERAPY

- Gross Motor Skills
- Strength and Endurance
- Balance and Coordination
- Improving Posture
- Improving Mobility and Independence
- Reaching Developmental Milestones

OCCUPATIONAL THERAPY

- Fine Motor Skills and Grasping
- Visual Motor
- Handwriting
- Self-Care
- Sensory Processing
- Attention Span and Task Persistence
- Body Awareness and Coordination



SPEECH THERAPY

- Apraxia (PROMPT Trained)
- Articulation and Phonology
- Language and Comprehension
- Social Skills and Pragmatics
- Augmentative & Alternative Communication (AAC)
- Gestalt Language Processing

FEEDING THERAPY

- Breast and Bottle Feeding
- Tube Feed Transition to Oral Feeding
- Chewing and Swallowing Difficulties
- Food Aversions & Picky Eating
- Limited Food Repertoire



**CALL 813-848-0341
TO SCHEDULE AN APPOINTMENT TODAY!**

207 Crystal Grove Blvd, Lutz, FL 33548
www.FamilyFirstTherapyInc.com

DEVELOPMENTAL MILESTONES

6 MONTHS

- Copies sounds
- Responds to name
- Sits using hands for support
- Reaches for toys
- Shakes and bangs toys
- Transfers toys between both hands



12 MONTHS

- Uses simple gesture (shaking head no or waving)
- Responds to simple spoken request
- Says 'mama' and 'dada'
- Pulls to stand and stands alone
- Cooperates/assists with dressing
- Pulls off socks and shoes
- Scribbles on paper
- Uses thumb and pointer finger to pick up small items



18 MONTHS

- Says several single words
- Knows function of ordinary items: phone, brush, spoon
- Play simple pretend such as feeding doll
- Points to show others something
- Walks alone



2 YEARS

- Uses 2-4 word sentences
- Follows simple directions
- Points to pictures/things when they're named
- Completes a 3 piece puzzle
- Makes snips on paper with scissors
- Able to use a spoon correctly



3 YEARS

- Carries a conversation using 2-3 sentences
- Copies adults and friends (running when others run)
- Plays make-believe with dolls, animals and people
- Copies vertical, horizontal lines and circles
- Buttons large buttons
- Cuts a line with scissors
- Catches and throws a ball



4 YEARS

- Would rather play with other children than alone
- Plays cooperatively
- Tells stories
- Draws person with 2 to 4 body parts
- Copies intersecting lines and simple shapes
- Grasps crayon with thumb and index fingers down
- Dresses independently with help for orientation



Contact us at Family First Therapy to discuss concerns.